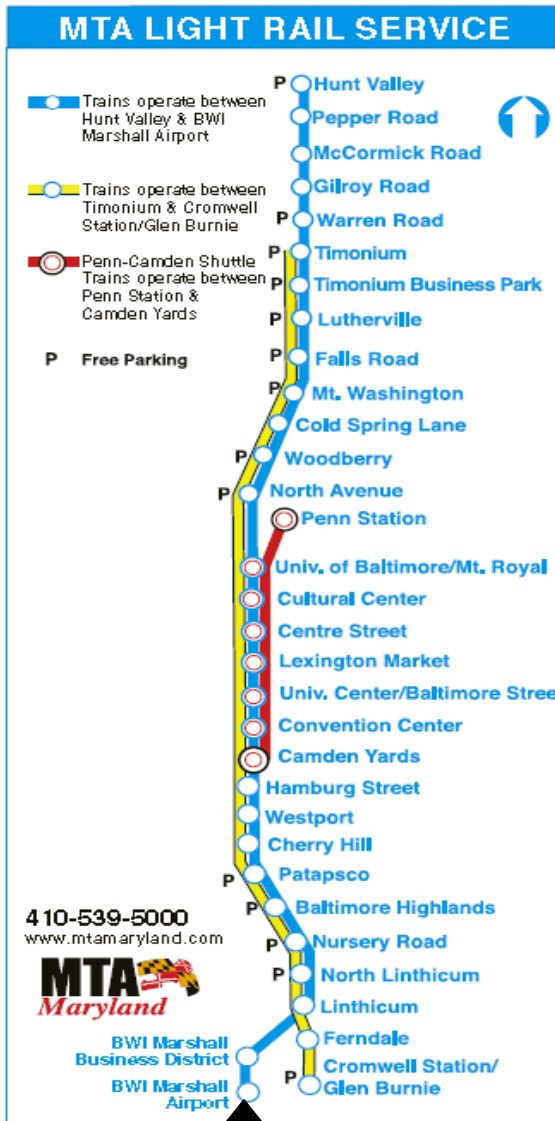


Light rail transportation from BWI to the Mid-Atlantic Nutrition Conference at the Holiday Inn-Select in Timonium, Maryland (\$1.60 one way; ~1 hour).

1. Board a light rail shuttle bus from baggage area of BWI airport.
2. Depart the light rail train at the Timonium Business Park.
3. Call 410-252-7373 to request a shuttle ride to hotel (.22 mi.).



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